

## Saint Reflection

As a candidate for the sacrament of Confirmation, you will take the name of a saint as your “Confirmation Name.” This will be recorded in the Catholic Church’s official records, and the saint you choose will take a special interest in you—yes, YOU! You can ask in prayer for your saint’s assistance, and trust that they will then pray for you to God.

You have two options when choosing a Confirmation name:

1. You may choose your present baptismal name if it is a saint’s name. This shows the sacramental connection between Baptism and Confirmation, which, along with the Eucharist, constitute the Sacraments of Initiation. To stay with your Baptismal name would demonstrate that you feel there is a continual growth in your faith and you wish to make this formal through Confirmation.

2. You may also choose the name of a saint who inspires you. Taking a new name at Confirmation is an expression of a desire to accept a new role in the Church. There are several Scripture stories of people whose names changed after they experienced a call from God: Abram to Abraham, Jacob to Israel, Simon to Peter, and Saul to Paul.

It is important and necessary to know something about the saint before you decide on the name. Conduct research (from valid Catholic websites only please) and then write a report (one page minimum) on your saint.

The report should include the following:

- The birth and death date and feast day (if they have one) of the saint.
- A brief summary of their life (1 paragraph maximum)
- What called the saint to a life of holiness?
- What did the saint do during their lifetime or death that was Christ-like?
- Why did you select this Catholic saint?
- How can the life of this saint be a model of faith and commitment to you in your life?

Do your best to write a genuine, reflective, original work – not a cut and paste job off the internet. Please type this reflection so that it is clearly readable.

### Sources for your research

<http://saints.sqpn.com/>

<http://www.americancatholic.org/Features/Saints/byname.aspx>

<http://www.catholic-saints.info/>

<http://www.theworkofgod.org/Saints/#Canonized Saints>

**No Wikipedia sources!**